

# OPTICAL FIBER COMMUNICATION

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## **OUTLINE**

- **Introduction about Optical Fibers.**
- **Main Characteristics of Fiber Optics Communication System.**
- **Light propagation in an Optical Fiber.**
- **Mode Analysis for Single Mode Fiber.**
- **Mode Analysis for Multimode Fibers.**
- **Surface Plasmon Resonance.**
- **Optical Fiber Surface Plasmon Resonance Sensors.**

## Fibre Optic?

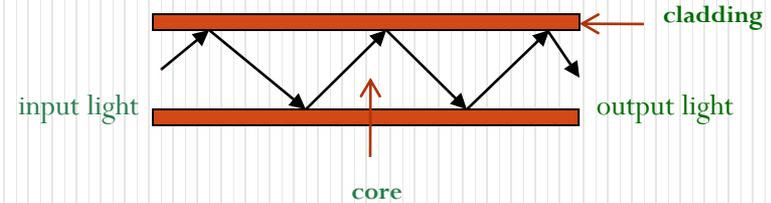
Dielectric waveguide of cylindrical geometry with core and cladding of suitable material.  
refractive index of core > refractive index of cladding

## Main Motivation

To meet demand of increase in the telecommunication data transmission.

## Physical Principle

Total internal reflection (critical angle, using Snell's law).



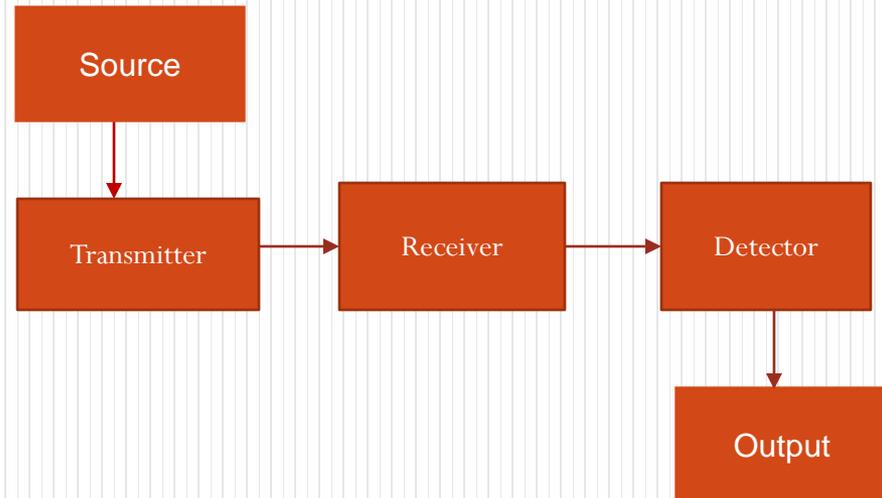
## Main Advantages

- Higher bandwidth (extremely high data transfer rate).
- Less signal degradation.
- Less costly per meter.
- Lighter and thinner than copper wire.
- Lower transmitter launching power.
- Less susceptible to electromagnetic interference.
- Flexible use in mechanical and medical imaging systems.

## Main Applications

- Telecommunications.
- Sensors.
- Fiber Lasers.
- Bio-medical.
- Automotive and many other industries.

## OPTICAL FIBER COMMUNICATION SYSTEM

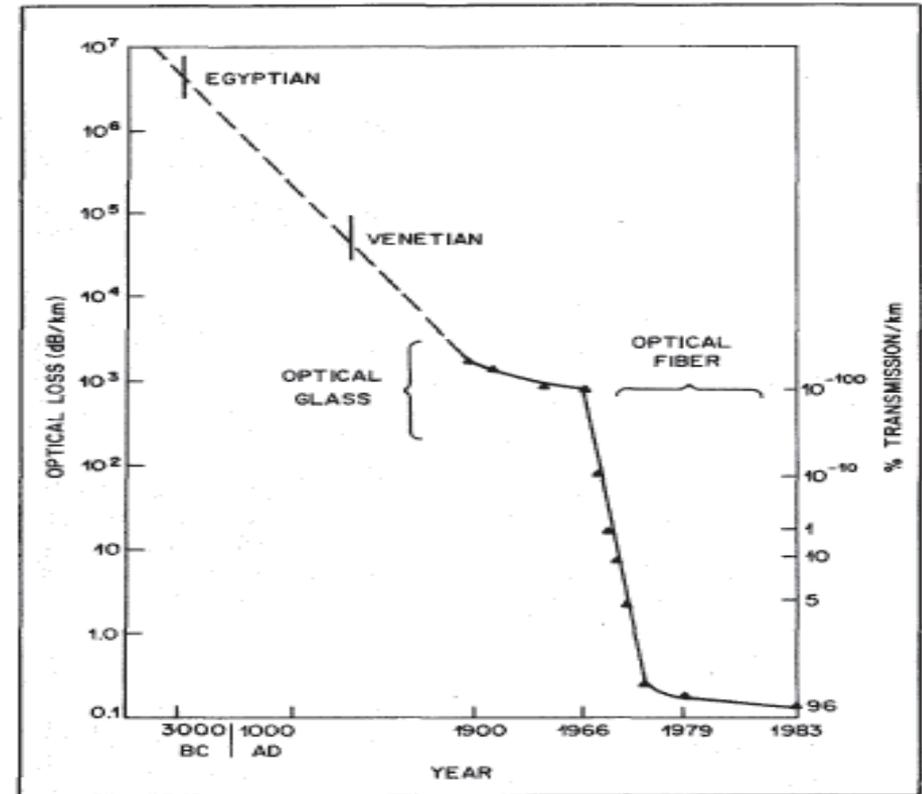


## Fibre Optics Material Choice?

- H.H.Hopkins and N.S.Kapnay in 1950's used **cladding fiber**:
- Good image properties demonstrated for 75 cm long fiber [*Nature* 173, 39 (1954)].
- Application found use in medicine as gastroscopes, endoscopes etc.
- Advent of Laser in 1960's , but didn't work for optical communication due to **attenuation problem!**.
- In 1964 critical theoretical suggestion by, Charles K. Kao and Charles Hockam :
- For long range communication system the loss limit was set to 20 dB/Km (was  $\sim 1000$  db/Km or higher at that time!).
- Pure form of Silica, by reducing impurities i.e., the optical losses were not due to glass itself, but impurities in it.
- Limit met by doping titanium in fused core and pure fused Silica in cladding [Appl. Phys. Lett. 17, 423 (1970)].
- Today the lower limit is below 0.2 dB/KM.
- Plastic and Plastic-clad Silica , as well few other optical fibers materials (useful for some applications), has been invented.



(Nobel Prize 2009)



Optical loss in glass as function of time.

(Source: Nagel S.(1989). Optical Fiber: The expanding medium. IEEE Circuits Devices Magaz. March, 36.)

# Silica and Plastic as Fibre Optic Materials

## Silica Fibers

- Both core and cladding are of glass.
- Very pure  $\text{SiO}_2$  or fused quartz.
- Germanium or Phosphorus to increase the index of refraction.
- Boron or Fluorine to decrease the index of refraction.
- Silica fibers mainly used due to their low intrinsic absorption at wavelengths of operation.
- Any other remaining impurities cause attenuation and scattering.

## Plastic Fibers

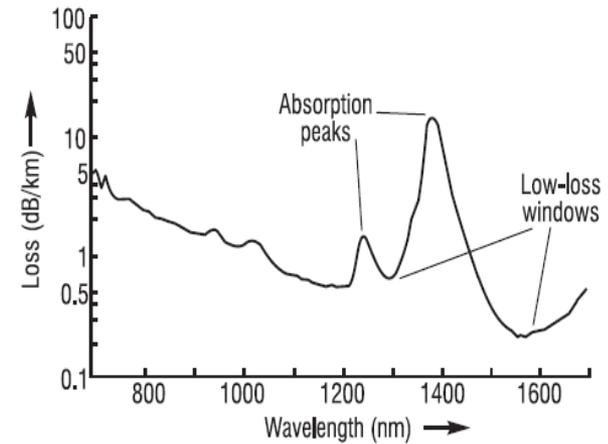
- Plastic core and plastic cladding.
- Polymethyl Methacrylate (most commonly used).
- Flexible and Light.
- Widely used in short distance applications.

## Plastic-clad Fibers

- Glass as core and plastic as cladding.

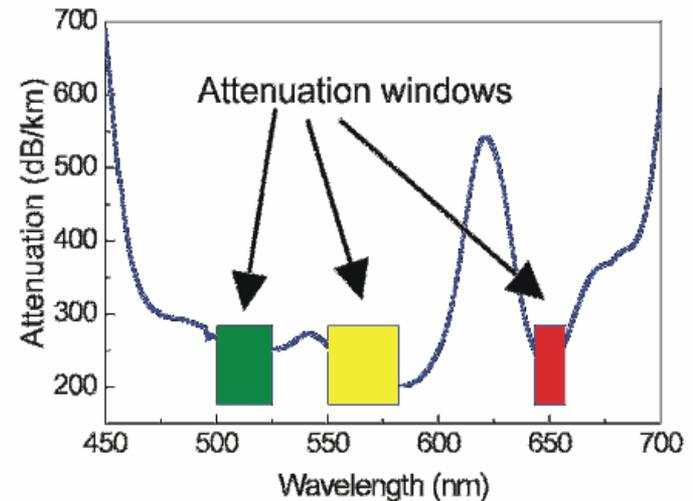
## Which is better? (Plastic or Silica)

- Plastic less expensive, flexible, lighter.
- Plastic is larger in diameter, so easy to connect across joints.
- Plastic is less efficient than Silica.
- Plastic has more attenuation, and less bandwidth making it more suitable for shorter distances.



Attenuation Spectrum of Silica Fibers.

(Source: Miya, T., Y. Tenuama, Thosaka, and T Miyashita, "An ultimate low loss single mode fiber at 1.55  $\mu\text{m}$ ," Electron. Letts, Vol 15, 106, 1979)



Attenuation Spectrum of Plastic Fibers.

(Source: <http://www.av.it.pt/conftele2009/Papers/31.pdf>)

## Main Characteristics of Optical Transmission Medium

- The ray entering the acceptance angle will be guided along the core.
- Acceptance angle is measure of the light-gathering power of the fiber.
- Higher Numerical Aperature (NA) mean higher coupling from source to fiber, and less losses across joints.

### Attenuation

- Limit the optical power reaching the receiver.  
Power received can be related with the transmitted as:  
$$\text{dB} = -10 \log_{10} (\text{power out} / \text{power input}).$$
- Lower attenuation mean greater spacing and less cost of the communication system.

### Main Causes of Attenuation?

#### Scattering

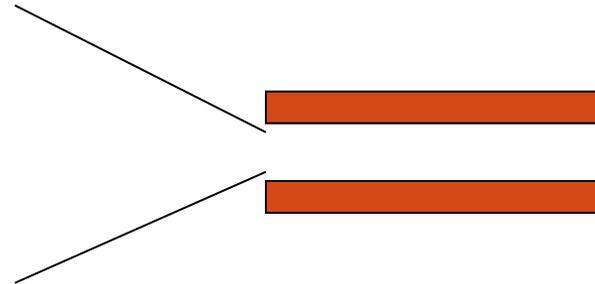
Due to interactions of photons with fiber medium.

#### Absorption (Intrinsic+Extrinsic)

By fiber itself (intrinsic) or due to impurities of water and metal, such as iron, nickle and chromium (extrinsic).

#### Bending and Geometrical Imperfections

- Due to physical stress on fiber.
- Core-cladding interface irregularities, diameter variations etc.



$$\text{NA} = (n_1^2 - n_2^2)^{1/2}$$

# Single and Multimode Fibers

- Light propagated in optical fiber in form of modes.
- Spatial distributions of EM fields do not change with time.

## No of Modes?

- V number (normalized frequency) define number of possible modes for a fiber:

$$V = (2\pi a \text{NA}) / \lambda$$

where  $a$  is radius of fiber, and  $\lambda$  is wavelength of light.

For single mode propagation,  $V < 2.405$ .

## Uniformly and Non-uniformly doped fibers.

### Single Mode Fibers

- With the primary degrees of freedom of core cladding diameter and the difference of refractive indices between them they can be optimized for attenuation and dispersion.
- Light propagation can be studied using geometrical optics.

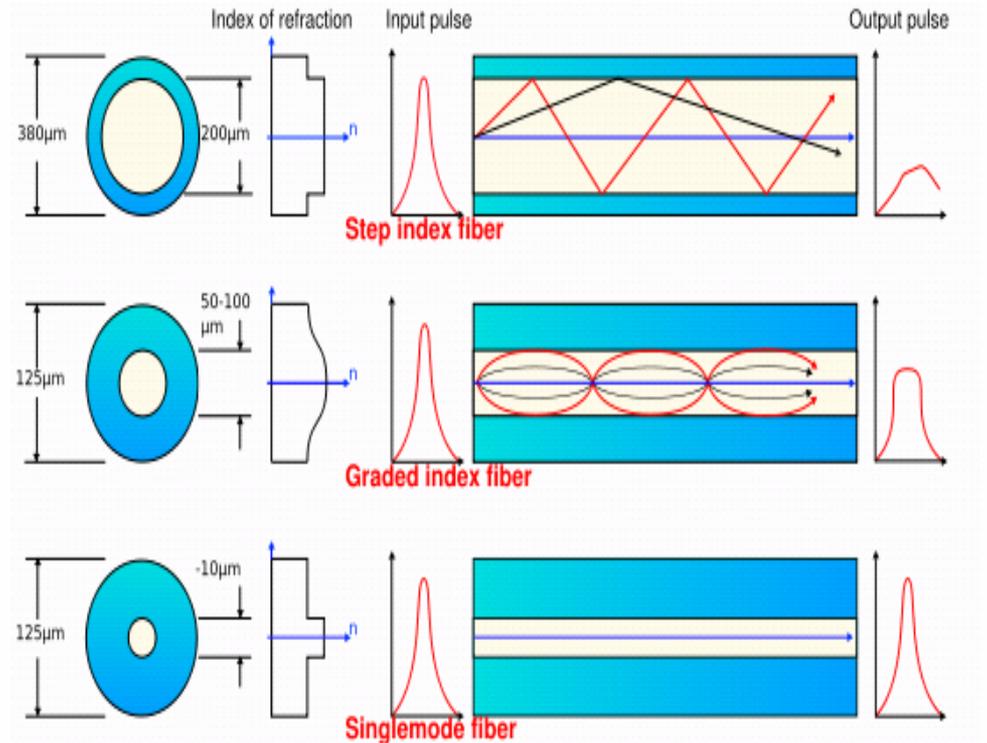
### MultiMode Fibers

- Different modes can exist simultaneously on the same wavelength.
- Depending upon profile shape they can be:

#### Multimode Step Index

#### Multimode Graded Index

- The core index decreases like a parabolic-like law from the axis to the core-cladding interface.
- Designed to minimize the intermodal dispersion effect (without significantly reducing the numerical aperture or the coupled power).



### Different Modes of Optical Fibers

(Source: [http://en.wikipedia.org/wiki/Optical\\_fiber](http://en.wikipedia.org/wiki/Optical_fiber))

## Fibre Optics Modes

**Electromagnetic Waves propagating in an optical fiber consist of :**

- TE Modes.
- TM Modes.
- EH and HE Modes.
- Helical EH and HE modes contain both axial electric and magnetic fields.
- The mode can be EH or HE depending upon which component contribute more to the axial direction.

**Starting from Maxwell equations:**

- Wave equation in cylindrical coordinates is derived.
- The wave equation can be exactly solved for uniformly cored fibers.
- The classification of type of solutions lead to TE, EH, or EH and HE modes.
- For graded index non-uniform core profiles, approximate methods can be used.

## Single Mode Optical Fibre

- Supports Fundamental mode only.
- Transverse dimensions must not be much larger than wavelength.
- Geometrical optics approximation not valid and full electromagnetics calculations needs to be used.
- Defined by two degrees of freedom: core cladding diameters, and relative index differences.
- Maxwells eqs are solved with the BC defined by above to find the mode of propagation.
- Very large bandwidth which allows long distance transmissions, as no intermodal dispersions, from multiple spatial modes (more resistant to attenuation).
- Instrumentation applications as they maintain the coherence of light, and its polarization for certain types of fibres.
- Small core diameter, requiring very high precision at the connections, as the use of laser source.
- More expensive than multimode fibres.

## Mode Analysis : Single Mode Fibers

- Fiber of transverse dimension  $\sim$  wavelength, full EM wave theory.
- Dielectric medium, so free charge density and current is zero.

$\implies$  For a harmonic light wave, the electric field, in cylindrical coordinates follows :

$$\frac{\partial^2 E_z(\rho, \phi, z)}{\partial \rho^2} + \frac{1}{\rho} \frac{\partial^2 E_z(\rho, \phi, z)}{\partial \rho^2} + \frac{1}{\rho^2} \frac{\partial^2 E_z(\rho, \phi, z)}{\partial \phi^2} + \frac{\partial^2 E_z(\rho, \phi, z)}{\partial z^2} + n^2 k^2 E_z(\rho, \phi, z) = 0$$

- Using separation of variables for three variables:

$$E_z(\rho, \phi, z) = F(\rho)\phi'(\phi)Z(z)$$

$$\implies \frac{d^2 Z(z)}{dz^2} + \beta^2 Z(z) = 0 \quad , \quad \frac{d^2 \phi'(\phi)}{d\phi^2} + m^2 \phi'(\phi) = 0 \quad , \quad \frac{d^2 F(\rho)}{d\rho^2} + \frac{1}{\rho} \frac{dF(\rho)}{d\rho} + (n^2 k^2 - \beta^2 - \frac{m^2}{\rho^2}) F(\rho) = 0$$

- Combining these we can get the final solution in the form:

$$E_z(\rho, \phi, z, t) = AJ_m(k\rho)e^{im\phi}e^{i\beta z}e^{i\omega t} \quad \rho \leq a \quad ,$$

(a is radius of core)

$$E_z(\rho, \phi, z, t) = BK_m(\gamma\rho)e^{im\phi}e^{i\beta z}e^{i\omega t} \quad \rho > a$$

- By solving Maxwell equations, rest of E and H can be obtained, i.e. :

$$E_\rho, E_\phi, H_z, H_\rho, H_\phi$$

- $\beta$  is called propagation constant., which can be obtained as set of solutions for given m.

- To find number of modes, the normalized frequency can be defined as:

$$V = ka(n_1^2 - n_2^2)^{1/2}$$

- When V is large, then the number of modes:

$$N = \frac{V^2}{2}$$

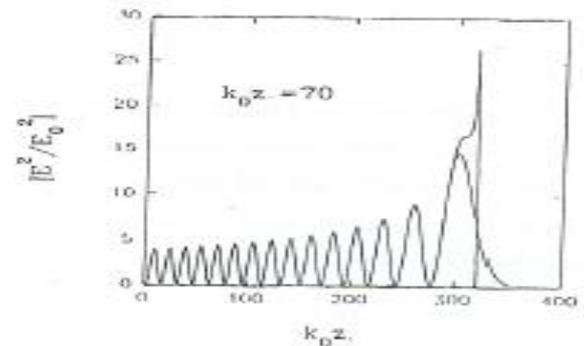
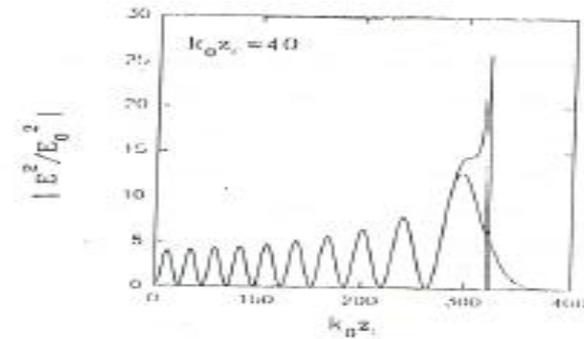
## Multimode Fibers

Various approximate methods possible, such as:

- WKB method.
- Rayleigh-Ritz method.
- Power-series expansion method.
- Finite element method.
- Stair-case approximation method.

### WKB?

- Origin from Quantum Mechanics, for solving one dimensional time-independent Schrodinger equation.
- Used in many fields, for wave equation solutions including Optics and Plasma Physics.
- An example from laser-produced plasmas.



Comparison of WKB based results, with exact solutions (for case when exact solution is possible). [Plots, I generated while student at Q.A.U (Pak), in 1994. Use of one of the earliest versions of Mathematica helped!].

## WKB Method for Fiber Optics

Starting from earlier defined form :

$$\frac{d^2 F(\rho)}{d^2 \rho^2} + \frac{1}{\rho} \frac{dF(\rho)}{d\rho} + (n^2 k^2 - \beta^2 - \frac{m^2}{\rho^2}) F(\rho) = 0$$

Defining,  $F'(\rho) = \sqrt{\rho} F(\rho) \implies \frac{d^2 F'(\rho)}{dr^2} + [E - U(\rho)] F'(\rho) = 0$

where  $E = k^2 n_1^2 - \beta^2$  and  $U(r) = [k^2 n_1^2 - k^2 n^2(r)] + \frac{(m^2 - 1/4)}{r^2}$

for  $U(r) < E \implies \frac{d^2 F'}{dr^2} + \beta^2 f(r) F' = 0$  (oscillatory region)

and  $U(r) > E \implies \frac{d^2 F'}{dr^2} - \beta^2 f'(r) F' = 0$  (damping region)

- For small variations of  $f(r)$  within one wavelength (i.e. small variation of refractive index over wavelength), WKB gave good approximate solution.
- Very poor solution at the turning points, and different types of solutions need to be obtained which agree with WKB asymptotically.
- Various propagation characteristics such as number of propagating modes, rate of data transfer, delay time, impulse response etc of non-uniform core multimode fibers can be calculated.

### Why WKB Analysis in Fibre Optics?

- Mathematically simpler, and physically easy to interpret.
- Very good approximation for weakly tunneling rays.
- Permittivity depends on  $z$  either as a small fluctuation without restriction on length scale or gradually varying, which gives a generalisation of the WKB description.

### How suitable is WKB Analysis?

- Require degree of accuracy largely decides which methods can be used i.e., other approximate can be preferred sometime.
- Widely used as method of choice, in the analysis for propagation of light in the multimode fibers.

## Plasmons?

Quantized oscillations of electrons in metals conduction band.

### Volume Plasmons.

Excitation in the bulk metal.

### Nano-Plasmons.

Non-propagating excitation of conduction electrons with nano-structures.

### Surface Plasmons.

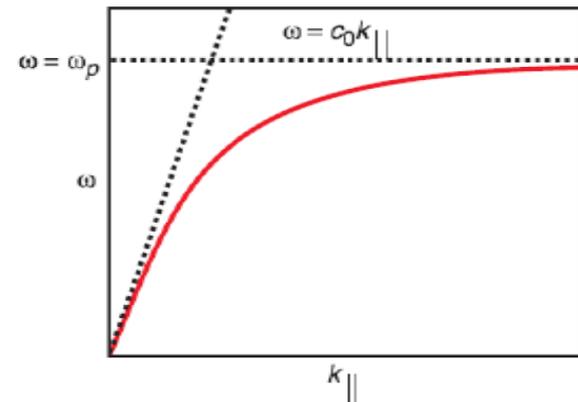
Longitudinal charge density oscillations at the metal surface.

## Surface Plasmon Resonance

- Light is coupled to a thin layer of a noble metal, by an evanescent wave, to create Surface Plasmon Polaritons.
- The energy and momentum are transferred from incident photons into the plasmons, for specific resonance conditions of:
  - . Incident light (p-polarization).
  - . Angle of incidence.
  - . Wavelength.
  - . Refractive index of the dielectric and the metal.
  - . Metal thickness.
  - . Silver or Gold commonly used.



(Lycurgus Cup --- Roman Nano-technology!)



Dispersion relation for surface plasmon polariton mode (red line).

(Source: V.M.Shalaev and S.Kawta, "Nanophotonics with Surface Plasmons", Elsevier, page. 195, 2007).

# Prism Based Attenuated Total Reflection Methods

## Kretschmann-Raether Geometry

Prism with is interfaced with a metal and dielectric, for :  
refractive index of prism > refractive index of dielectric

A light wave is incident on the prism-metal film interface  
at an angle of incidence larger then the critical angle .

At resonance condition matching an evanescent wave  
propagate along the interface between the prism and  
the metal film.

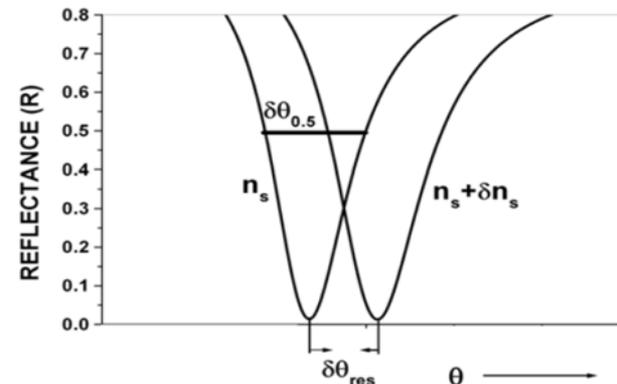
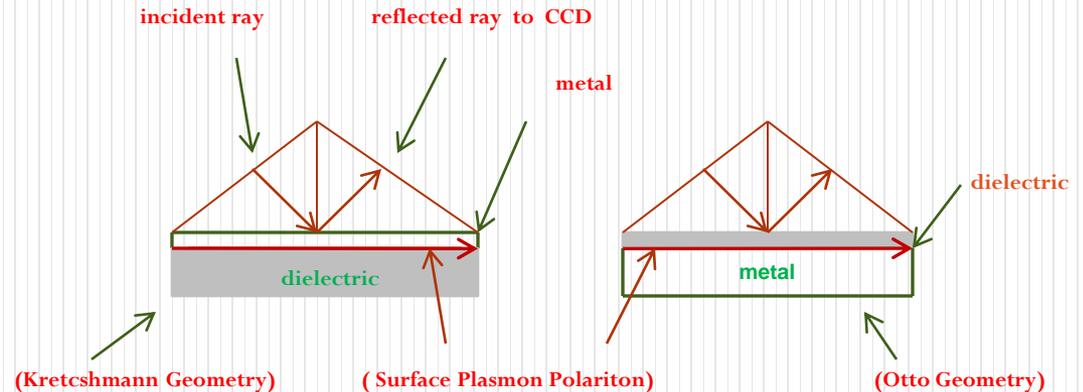
For properly chosen metal thickness, the evanescent wave  
and a surface plasmon at the metal–dielectric interface  
can couple.

More acceptable then Otto geometry, as less susceptible to  
Fresnel losses, and easier to implement (metal film directly  
deposited on the prism).

## Otto Geometry

Light wave incident on the prism-dielectric film interface  
at an angle of incidence larger then critical angle.

At resonance condition matching , for properly chosen  
dielectric thickness, the evanescent wave and a surface  
plasmon at the dielectric-metal interface can couple.



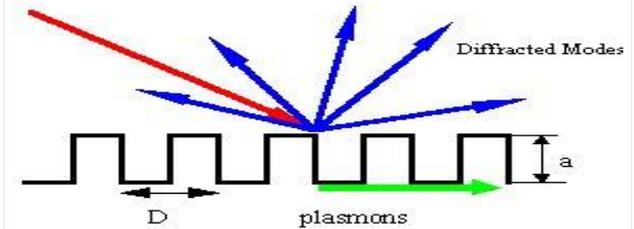
Reduction of incident light intensity at SPR condition matching. Peak shifts due to variation in refractive index of medium.

(Source : B.D.Gupta, and R.K.Verma, " Surface Plasmon Resonance Based –Fibre Optic Sensors:Principles, Probe Designs, and Some Applications ", Journal of Sensors, vol. 2009 , Article ID 979761, 12 ppges (2009). doi:10.1155/2009/979761)

## Alternative Surface Plasmon Resonance Schemes

### Diffracting Grating

- A light wave is incident from a dielectric medium on a metal grating.
- Diffraction gave rise to a series of diffracted waves.
- The diffraction waves can couple with a surface plasmon, at resonance condition, i.e. when the propagation constant of the diffracted wave and that of the surface plasmon are equal.

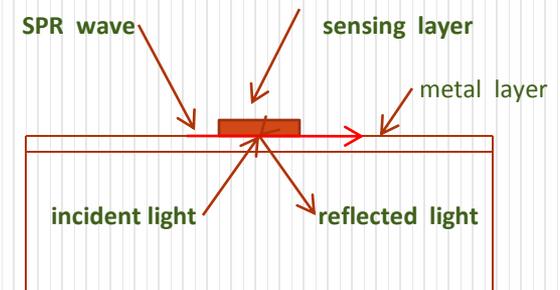


### WaveGuide Coupling

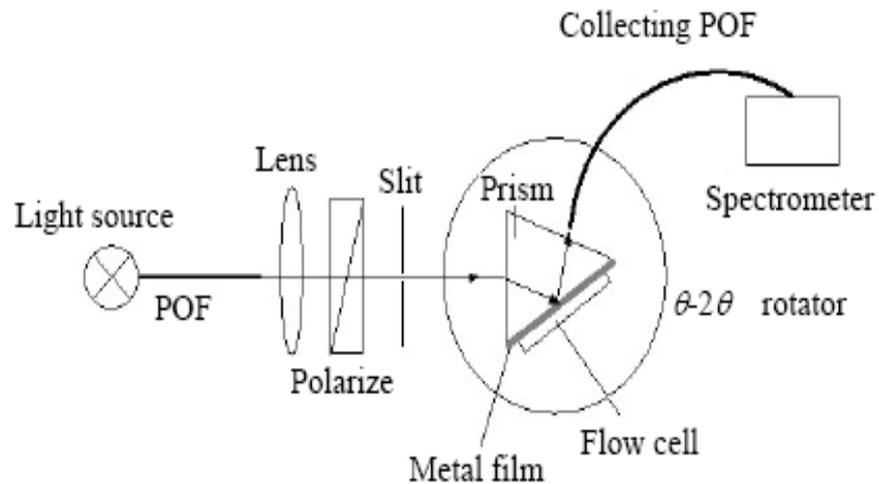
- Can be excited by modes of a dielectric waveguide.
- A mode of dielectric waveguide propagates along the waveguide, and on entering the region of thin metal film, couples with a surface plasmon at the outer boundary of the metal.

### Optical Fibre Based

- Similar to Kretschmann prism configuration with fibre optics stand replacing the prism.
- Cladding layer (mostly from middle), is replaced with a metal layer.
- The optical wave is guided through total internal reflection.
- The light evanescently penetrates the metal layer.
- For phase matching for surface plasmon and the guided modes, the surface plasmon wave is propagated along the metal-dielectric boundary.



## Schematics of a Surface Plasmon Resonance Experiment



**Experimental setup for spectral modulation surface plasmon resonance sensor .**

(Source: R. Zheng, Y.Lu, Z.Xie, J.Tao, K.Lin and H.Ming , "Surface Plasmon Sensors Based on Polymer Optical Fibres", Journal of Electronic Science and Technology of China, Vol.6, No.4, pp. 357- 360, 2008.)

# Characterizing Parameters

## Sensitivity

Minimum detectable shift in the environment.

**Detection Accuracy** (signal to noise ratio).

## Resolution

Smallest change in measurand which produces a detectable change in the sensor output. The term refers to a bulk refractive index resolution.

## Reproducibility

Ability of the sensor to provide the same output when measuring the same value of the measurand under the same operating conditions over a period of time.

## Range

The dynamic range describes the spread of the value of the measurand that can be measured by the sensor.

## Why Optical Fiber Based SPR?

- Small in size.
- Remoteness.
- High Degree of Integration.
- Lower cost than commonly used Optical SPR configurations.
- Higher Sensitivity and Signal Detection efficiency.
- Various configurations.

## Applications

- Wide variety of Bio-technology applications, which include:
  - . Medical Diagnostics.
  - . Environmental Sensing.
  - . Ailmentary Emergency and Hygiene.
- Less time consuming and cost effective, in comparison to many other similar applications.
- Industrial Process Control.

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## **Fabrication and Characterization of Fibre Optics Based SPR**

- Silver or Gold coated core of a polymer or glass clad fibre.
- Metal deposition ( e.g., using vapor deposition techniques).
- Use of suitable lithographic techniques, to fabricate periodic optical fibre structures such as Long-period Fibre Gratings (LPFG) or Long period Waveguide Gratings (LPWG).

### **Glass or Polymer Optical Fibres**

- Polymer of more current research interest, due to:
  - . Flexibility.
  - . Easy handling.
  - . High resistance to fracture.
  - . Perfect biocompatibility.

### **Single or Multimode Fibre**

- Single mode optical fibre can obtain sharper resonance peaks.
- Need more polishing and tapering in the sensing region.

### **Some Design Variations**

- Tapered Profiles.
- Side Polished Fibres.
- Multilayered Structured Device.
- Single or Multimode Fibres.

## Fibre Optics SPR Sensor : Main Design Considerations

- Fibre Optics Design Material.

- HiBi (Highly Birefringent) Fiber single mode or multi-mode.

- Sensor Geometry Design.

- Sensitivity, detection accuracy, reproducibility, operating range.

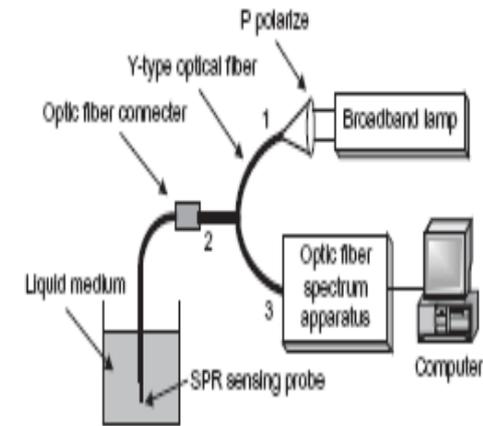
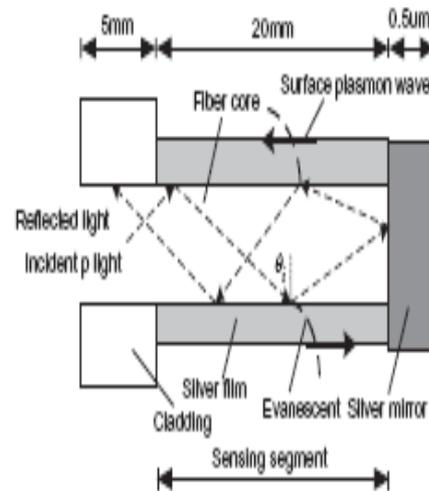


Figure 2. Sketch of optical fiber SPR sensor system.

Sketch of an optical fibre probe and optical fibre sensor system .

(Source: J.Zeng, D.Liang, :Application of Fiber Optic Surface Plasmon Resonance Sensor for Measuring Refractive Index” Journal of Intelligent Material Systems and Structures vol.17; pp.787-792, 2006.)

Ciao!